Development and application of *ex vivo* models for estimation of fetal exposure

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Disclosure slide

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Mechanistic knowledge on drug disposition

Exposure drives effects, yet the mechanisms determining systemic and intracellular drug exposure levels are often neglected in toxicity/efficacy testing



Human tissues and cells Physiology-based pharmacokinetic modeling

Improve drug safety and outcomes of pharmacotherapy during pregnancy by translating molecular-based knowledge of drug exposure and action to a clinical or risk assessment setting

Problem from a pharmaceutical perspective

Pregnant women are not readily enrolled in clinical pharmacology trials

Data on drug efficacy and safety are scarce and/or become available only at a late stage after market introduction



Time to first available clinical PK and safety data after market introduction

Explore alternative strategies based on studies in human tissues and cells





Determinants of exposure



Maternal pharmacokinetics



Maternal pharmacokinetics - modeling

Physiologically-based pharmacokinetic (PBPK) model

- Is a mathematical model
- Is a multi-compartmental model
- Reflects human physiology, including maternal gestational changes
- Describes drug pharmacokinetics (ADME)



Maternal pharmacokinetics - modeling

Clin Pharmacokinet (2016) 55:381–396 DOI 10.1007/s40262-015-0325-8

ORIGINAL RESEARCH ARTICLE

Physiologically Based Modelling of Darunavir/Ritonavir Pharmacokinetics During Pregnancy

Angela Colbers¹ · Rick Greupink² · Carlijn Litjens^{1,2} · David Burger¹ · Frans G. M. Russel²



CrossMark

But what about fetal exposure

At the time no commercial PBPK modeling platforms were available that allowed for placental transfer modeling



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Clin Pharmacokinet (2018) 57:705-716 https://doi.org/10.1007/s40262-017-0583-8

ORIGINAL RESEARCH ARTICLE



Prediction of Fetal Darunavir Exposure by Integrating Human Ex-Vivo Placental Transfer and Physiologically Based Pharmacokinetic Modeling

Stein Schalkwijk^{1,2} · Aaron O. Buaben¹ · Jolien J. M. Freriksen² · Angela P. Colbers¹ · David M. Burger¹ · Rick Greupink² · Frans G. M. Russel²

Assessment of Maternal and Fetal Dolutegravir Exposure by Integrating *Ex Vivo* Placental Perfusion Data and Physiologically-Based Pharmacokinetic Modeling

Jolien J.M. Freriksen^{1,2,*}, Stein Schalkwijk², Angela P. Colbers², Khaled Abduljalil³, Frans G.M. Russel¹, David M. Burger² and Rick Greupink¹

CLINICAL PHARMACOLOGY & THERAPEUTICS | VOLUME 107 NUMBER 6 | June 2020

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....to there







Placental handling of pharmaceuticals

Transfer of small molecules

- Size/molecular weight
- Lipophilicity
- Protein binding
- Target mediated uptake
- Substrate for efflux transporters



The placenta



Histology

Tissue section of villous material from human placenta



FBV: fetal blood vessel MBS: Maternal blood space ST: Syncytiotrophoblast layer

Brown staining: P-gp expression

How to parameterize for placental transfer ?

Predictions based on physicochemistry





Cell models, e.g. BeWo b30 cell monolayers

Placental villous tissue explants





Ex vivo human placenta perfusion

Isolated human placental cotyledon perfusion





Ex vivo dual perfusion of an isolated cotyledon of human placenta: History and future challenges

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Placental transfer and vascular effects of pharmaceutical drugs in the human placenta *ex vivo*: A review

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12th European Placenta Perfusion Workshop (EPPW), Nijmegen



Isolated human placenta (cotyledon) perfusion



O Pump

Heating block

Eliesen et al. Clin Pharmacol Ther. 2020 Jul;108(1):99-106.

Eliesen et al. Toxicol Sci. 2017 Jun 1;157(2):500-509.

Freriksen et al. Clin Pharmacol Ther. 2020 Jun;107(6):1352-1361

Isolated human cotyledon perfusion













Isolated human cotyledon perfusion



O Pump

Heating block

| Maternal circulation | Foetal circulation | Maternal circulation | Foetal circulatio |
|-----------------------|------------------------|--|--|
| Krebs buffer (pH 7.4) | Krebs buffer (pH 7.4) | RPMI (pH 7.4) | RPMI (pH 7.4) |
| Albumin (30 g/L) | Albumin (30 g/L) | Albumin (29 g/L) | Albumin (34 g/L |
| Antipyrine (100 mg/L) | FITC-dextran (36 mg/L) | Antipyrine (100 mg/L) | |
| 95% O ₂ | 95% O ₂ | | |
| 5% CO ₂ | 5% CO ₂ | 95% O ₂ 5% CO ₂ | 95% N ₂ 5% CO ₂ |
| Flow: 12 mL/min | Flow: 6 mL/min | | |
| | | Flow: 12 mL/min | Flow: 6 mL/min |

(biologics)

Eliesen et al. Clin Pharmacol Ther. 2020 Jul;108(1):99-106. Eliesen et al. Toxicol Sci. 2017 Jun 1;157(2):500-509. Freriksen et al. Clin Pharmacol Ther. 2020 Jun;107(6):1352-1361

Typical quality control data



- Antipyrine shows extensive transfer
- \rightarrow overlap circulations

✓ FITC-dextran shows poor transfer

 \rightarrow vascular integrity

Stepwise approach to predicting fetal drug exposure



Placental transfer ex vivo



Clearance values (mean ± SD):



1.03 ± 0.23 mL/min

Scaling cotyledon clearance

Correct data for ex vivo protein binding (unbound clearance)

Scale dolutegravir unbound clearance per cotyledon to whole placenta level



Predicted maternal and fetal exposures



But what about tissue concentrations?



TOXICOLOGICAL SCIENCES, 157(2), 2017, 500-509

doi: 10.1093/toxsci/kfx063 Advance Access Publication Date: March 24, 2017 Research article

Placental Disposition and Effects of Crizotinib: An Ex Vivo Study in the Isolated Dual-Side Perfused Human Cotyledon

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IN VITRO SYSTEMS

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Toxicity of anticancer drugs in human placental tissue explants and trophoblast cell lines

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Toxicolo in Vitro

TiV

Predicting fetal exposure of crizotinib during pregnancy: Combining human ex vivo placenta perfusion data with physiologically-based pharmacokinetic modeling

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Placental accumulation and effects

Crizotinib: Tyrosine kinase inhibitor (TKI), NSLC with ALK mutation Limited clinical safety data for these type of drugs

Can we assess exposure and interpret potential toxicity in relation to that exposure?



Crizotinib transfer

Concentration crizotinib at the end

of the placenta perfusion

Results cell viability assays (BeWo)

Crizotinib

Other TKIs



Expected tissue exposure is in the range in which crizotinib is exerts toxicity in BeWo cells

Results cell viability assays (villous explants)

Villous explants in culture medium



HE and HCG staining of explants





Crizotinib is less potent in primary placental tissues than in BeWo cells

Eliesen et al, 2022, Archives of Toxicology

Combine with PBPK modeling

Predicted steady state concentrations of crizotinib, 2 dd 250 mg, gestational week 40 Including prediction of population variability.



Fig. 3. Mean predicted concentration-time profile of the A) maternal plasma concentration of crizotinib during gestational week 40 at steady-state and B) umbilical vein concentration of crizotinib during gestational week 40 at steady-state. Crizotinib is given 250 mg BID. Grey dotted lines indicate the 5th and 95th percentiles for the mean concentrations predicted in the virtual population.



Fig. 4. Mean predicted concentration-time profile of the A) placental tissue concentration of crizotinib during gestational week 40 at steady-state and B) fetal brain concentration of crizotinib during gestational week 40 at steady-state. Crizotinib is given 250 mg BID. Grey dotted lines indicate the 5th and 95th percentiles for the mean concentrations predicted in the virtual population.

Human placental tissues and cells may be used to:

Aid in non-clinical and early clinical toxicological risk assessment by providing information on exposure, particularly in combination with PBPK modeling.

Study adverse effects of drugs on the level of the placenta.

In case of marketed drugs, provide additional pieces of evidence, next to clinical pharmacology data, to help guide clinical drug dosing during pregnancy (e.g. for fetal therapy).

Contributing team and collaborators

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Questions?

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